



## A CAREER IN:

# Broad Based Training



## Useful Contacts:

### Wales Deanery

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## Broad Based Training

Broad Based Training (BBT) is an innovative two-year structured Core Training programme, which gives trainees the opportunity to gain a broad experience of the complementary specialties of General Practice, Psychiatry, Paediatrics and General Medicine during four six-month rotations. Subject to satisfactory progression and completion of the programme, BBT training will then be followed by CT/ST2 level training in one of the four specialties.

## Broad Based Training in Wales

Healthcare in the UK is changing its focus from acute single episode care delivered in hospitals to the management of long term conditions delivered within community settings. This programme is designed to equip trainees to be broad based practitioners with the skills to be able to work beyond traditional boundaries of specialty and to provide excellent, patient-focused long term healthcare. The course also gives trainees who may not be sure about which specialty to go into more time to decide on their career path, whilst staying in a training programme.



## The Broad Based Specialty Training Programme

The training programme for Broad Based Training in Wales follows UK-wide guidelines set out in the Gold Guide for Specialty Training, and is fully accredited by the UK body that supervises training; the General Medical Council (GMC).

Broad Based Training is currently recruiting in the Hywel Dda and Betsi Cadwaladr Health Boards in Wales. These incorporate the larger towns of Carmarthen and Wrexham and the more rural settings of Pembroke and Bangor. Training is based around the hospitals and GP training practices in these areas.

## Teaching and Learning

In each six-month rotation, trainees will spend 10% of their time in one of the other complementary specialties. For example, when a trainee is doing a general medical rotation, they will spend 10% of their time doing educational activities related to Psychiatry. This allows trainees to follow a patient journey across the traditional boundaries of secondary and primary care. This time also allows trainees to develop any special interest that they may have.

Trainees will be allocated an Educational Supervisor, who will be able to support and advise throughout the two-year programme and a Clinical Supervisor for each six-month rotation. Trainees will be able to attend regular teaching sessions with peers on the BBT programme, as well as attending their specialty teaching programme. Trainees will be encouraged to undertake audit and/or research as appropriate.

## Progressing from the Broad Based Training Programme

On successful completion of the Broad Based Training Programme, trainees will be guaranteed a training position in their choice of the four specialties involved in Broad Based Training. BBT trainees will enter their chosen specialty after BBT training at ST2 level.



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