



# Medical Career Planning Links and Resources

## Self-assessment Tools

### Specialty profiling tool – Sci59:

[www.bma.org.uk/advice/career/applying-for-training/psychometric-test](http://www.bma.org.uk/advice/career/applying-for-training/psychometric-test)

Free access for BMA members to this on- line questionnaire, which suggests specialities you may be most or least likely to enjoy. The report also indicates your personal preferences on a scale of 12 underlying career themes. **Take with a pinch of salt** – this does not offer a definitive career match, just possibilities to help start a thought process. The results should be used to inform further explorations or careers conversations.

### Team Technology

[www.teamtechnology.co.uk](http://www.teamtechnology.co.uk)

This site hosts a range of career development resources, including a short derivative version of the popular MBTI profile (under "free personality tests"). Other information and tools can be found to develop transferable skills areas such as teamwork, communication etc.

### Realise2

<http://www.cappeu.com/R2StrengthsProfiler>

This is a low-cost online tool which focuses purely on your most positive attributes and personal strengths. This can be helpful when looking for your unique selling points in order to shape Cvs and applications of find positive ways of describing yourself in an interview.

## Books to Help with Career Planning

*The Roads to Success – a practical approach to career planning for medical students, foundation trainees (and their supervisors)* Elton, C and Reid J, Scribe Publications 2<sup>nd</sup> edition 2008

<http://cmec.info/wp-content/uploads/2011/07/Roads-To-Success1.pdf>

*Know Yourself – The Individual's Guide to Career Development in Healthcare.* Houghton, A. Radcliffe Publishing 2005

*What Colour is your Parachute?* Richard Nelson Bolles. Ten Speed Press 2000

*Prescription for Change for Doctors Who Want a Life:* Susan E Kersley, Radcliffe Publishing 2006

*Build Your Own Rainbow: Workbook for Career and Life Management.* Hopson, B and Scally, M. Kogan Page 2000

*The Art of Building Windmills: Career Tactics for the 21<sup>st</sup> Century.* Dr Peter Hawkins (Graduate Employment Unit)

# Exploring Medical Careers and Jobs

<https://www.healthcareers.nhs.uk/> : First port of call! National site which contains specialty information, pathways, person specs, workforce information, career planning resources – a one-stop-shop. Also resources for anyone providing career help to doctors

<http://specialtytraining.hee.nhs.uk> : look at person specifications and careers sections, also the Gold Guide with information and policies governing specialty training

<https://www.oriel.nhs.uk> : recruitment portal for Specialty Training

[www.nhscareers.nhs.uk](http://www.nhscareers.nhs.uk) : for outlines of specialties, pay. Sign up for updates newsletter.

<https://www.walesdeanery.org/>

Deanery career planning resources for both trainees and educational supervisors in Wales

[www.medicalcareerswales.com](http://www.medicalcareerswales.com) : for information on Health Boards, hospitals, working in Wales and current training and NHS vacancies in LHBs

<http://bit.ly/1GM2LqU> : Current NHS medical& dental workforce plan for England. Includes latest information on likely commissioning of specialty posts.

[www.prospects.ac.uk](http://www.prospects.ac.uk)

Graduate careers website with lots of generic information on sectors and roles. See “What can I do with my Degree?” for options with medicine. It also has an overview of the health and other sectors.

[www.cfwl.org.uk/publications/medical-shape-2011](http://www.cfwl.org.uk/publications/medical-shape-2011) : Centre for Workforce Intelligence – report on predictions for future jobs medical specialties

[www.foundationprogramme.nhs.uk/](http://www.foundationprogramme.nhs.uk/) for everything about the Foundation Programme.

<http://careers.bmj.com/careers/> : details of UK and other job vacancies, career advice, FAQ

[www.weds.wales.nhs.uk/nhs-wales-careers](http://www.weds.wales.nhs.uk/nhs-wales-careers) : information on careers in the NHS in Wales

<https://gprecruitment.hee.nhs.uk/> : information on applying for GP training, including person specifications and insights into the selection process.

<http://careersfair.bmj.com> ; for information on national medical career fairs

[www.jobs.nhs.uk/](http://www.jobs.nhs.uk/) Applicant resources for seeking and applying to all locum and service jobs in the NHS, including medical jobs.

